

DATE OF INITIAL VISIT:

<b>CHILD'S INFORMATION</b>		
Last Name:	First Name:	Middle Initial:
Street Address:		City:
Postal Code:	Home phone number:	Date of Birth: (MM/DD/YYYY): Sex: <input type="checkbox"/> F <input type="checkbox"/> M
<b>PRIMARY CONTACT INFORMATION</b>		
Last Name:	First Name:	Relationship:
Daytime phone number:		Evening phone number:
<b>SECONDARY CONTACT INFORMATION</b>		
Last Name:	First Name:	Relationship:
Daytime phone number:		Evening phone number:
<b>OTHER HEALTH CARE PROVIDERS</b>		
1. Name & designation:  Phone number:  Address:	2. Name & designation:  Phone number:  Address:	3. Name & designation:  Phone number:  Address:
Date of last visit to medical doctor:  Are you currently under his/her care? <input type="checkbox"/> Yes <input type="checkbox"/> No		Have you been to an ND before? <input type="checkbox"/> Yes <input type="checkbox"/> No

**THIS IS A CONFIDENTIAL RECORD OF YOUR MEDICAL HISTORY AND WILL BE KEPT IN THIS OFFICE. INFORMATION CONTAINED HERE WILL NOT BE RELEASED TO ANY PERSON WITHOUT YOUR CONSENT. PLEASE COMPLETE THIS QUESTIONNAIRE AS THOROUGHLY AS POSSIBLE.**

## HEALTH HISTORY QUESTIONNAIRE

Please list Health concerns (or reasons for your visit to the clinic) in order of importance to you:

1.	
2.	
3.	
4.	
Date of last physical exam:	How would you rate your health? <input type="checkbox"/> Excellent <input type="checkbox"/> Good <input type="checkbox"/> Fair <input type="checkbox"/> Poor
Immunizations: <input type="checkbox"/> Tetanus <input type="checkbox"/> Smallpox <input type="checkbox"/> DPT (diphtheria, polio, tetanus) <input type="checkbox"/> Hepatitis A <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Chickenpox <input type="checkbox"/> Hepatitis B <input type="checkbox"/> Influenza (flu shot) <input type="checkbox"/> MMR (measles, mumps, rubella)	
Any adverse reactions?	
Childhood illnesses: <input type="checkbox"/> Measles <input type="checkbox"/> Mumps <input type="checkbox"/> Rubella <input type="checkbox"/> Chickenpox <input type="checkbox"/> Rheumatic Fever <input type="checkbox"/> Polio <input type="checkbox"/> TB <input type="checkbox"/> Pneumonia <input type="checkbox"/> Scarlet Fever <input type="checkbox"/> Jaundice <input type="checkbox"/> Diabetes <input type="checkbox"/> Asthma <input type="checkbox"/> Ear Infection <input type="checkbox"/> Whooping Cough <input type="checkbox"/> Mono <input type="checkbox"/> Impetigo <input type="checkbox"/> Eczema <input type="checkbox"/> Warts	

Please indicate any serious illnesses/conditions/surgeries or reasons for hospitalizations:

Date of diagnosis	Illness/medical condition/surgery/hospitalization	Is the condition still present?
		<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/> Yes <input type="checkbox"/> No

Please list any prescribed drugs, over-the-counter medications and supplements, (pain killers, vitamins, herbs, allergy meds etc)

Medication/Supplement	Prescribing Physician	Dosage/day	Date started	Condition it's treating

Has your child taken antibiotics in the last 5 years ? <input type="checkbox"/> Yes <input type="checkbox"/> No
How many times has your child taken anti-biotics within the last 5 years? For what conditions?

Please list all allergies (medications, foods, supplements, environmental, etc...)

Name of allergen:	Reaction and severity of reaction:

Was the mother exposed to any of the following during her pregnancy:

Alcohol <input type="checkbox"/> Yes <input type="checkbox"/> No	Tobacco <input type="checkbox"/> Yes <input type="checkbox"/> No	Prescription Drugs <input type="checkbox"/> Yes <input type="checkbox"/> No
Radiation/Excessive UV <input type="checkbox"/> Yes <input type="checkbox"/> No	Recreational Drugs <input type="checkbox"/> Yes <input type="checkbox"/> No	Chemotherapy <input type="checkbox"/> Yes <input type="checkbox"/> No
Infectious Disease <input type="checkbox"/> Yes <input type="checkbox"/> No	Stress <input type="checkbox"/> Yes <input type="checkbox"/> No	Other: <input type="checkbox"/> Yes <input type="checkbox"/> No

Any complications during pregnancy?

Gestational diabetes <input type="checkbox"/> Yes <input type="checkbox"/> No	Eclampsia/Pre-eclampsia <input type="checkbox"/> Yes <input type="checkbox"/> No	Hemorrhaging <input type="checkbox"/> Yes <input type="checkbox"/> No
Nausea/Vomiting <input type="checkbox"/> Yes <input type="checkbox"/> No	Thyroid disorders <input type="checkbox"/> Yes <input type="checkbox"/> No	Other: <input type="checkbox"/> Yes <input type="checkbox"/> No
How would you rate the mother's health during pregnancy? <input type="checkbox"/> Excellent <input type="checkbox"/> Good <input type="checkbox"/> Fair <input type="checkbox"/> Poor		
How would you rate the mother's emotional health during pregnancy? <input type="checkbox"/> Excellent <input type="checkbox"/> Good <input type="checkbox"/> Fair <input type="checkbox"/> Poor		

Time Length

<input type="checkbox"/> Preterm (<37 weeks) _____	Age of mother at child's birth: _____
<input type="checkbox"/> Term (38-42 Weeks) _____	Weight at birth: _____
<input type="checkbox"/> Post-Term (>42 weeks) _____	

Please check all that apply

<input type="checkbox"/> Epidural <input type="checkbox"/> Forceps	<input type="checkbox"/> Vaginal birth <input type="checkbox"/> C-section birth	<input type="checkbox"/> Episotomy <input type="checkbox"/> Other:
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Did the child experience any of the following after birth?

<input type="checkbox"/> Jaundice	<input type="checkbox"/> Colic	<input type="checkbox"/> Rashes
<input type="checkbox"/> Problems breastfeeding	<input type="checkbox"/> Seizures	<input type="checkbox"/> Breathing problems
<input type="checkbox"/> Congenital birth defects	<input type="checkbox"/> Deformities	<input type="checkbox"/> Other
Was your child breastfed? <input type="checkbox"/> Yes <input type="checkbox"/> No    How long? _____    Formula? <input type="checkbox"/> Yes <input type="checkbox"/> No    How long? _____		

<b>Sleep</b>	Hours per day _____      Hours per night _____
	Quality of sleep: <input type="checkbox"/> Easily aroused <input type="checkbox"/> Hard to wake <input type="checkbox"/> Nighmares
	Position: <input type="checkbox"/> On back <input type="checkbox"/> On stomach <input type="checkbox"/> On right side <input type="checkbox"/> On left side

<b>Diet</b>	<p>Typical breakfast:</p> <p>Lunch:</p> <p>Dinner:</p> <p>Water:                      Juice:                      Soda:</p> <p>Cravings:                                      Aversions:</p>
<b>Social History</b>	<p>Age began sitting: ____      crawling: ____      walking: ____      first words: ____</p> <p>Describe your child's disposition when interacting with other children/care givers/family members:</p> <p>Describe your child's behaviour and performance at school:</p> <p>How would you describe your child's temperament:</p> <p>Is your child physically active? <input type="checkbox"/> Yes <input type="checkbox"/> No      How many hours/day: ____</p> <p>How many hours of TV/day: ____      hours in front of the computer/day: ____</p>
<b>Environment</b>	<p>How would you describe the emotional climate of the child's home?</p> <p>Are there any pets in the home? <input type="checkbox"/> Yes <input type="checkbox"/> No      What type &amp; how many: ____</p> <p>Does anyone in the child's house smoke? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Is the child exposed to?</p> <p>Asbestos <input type="checkbox"/> Yes <input type="checkbox"/> No      Lead paint <input type="checkbox"/> Yes <input type="checkbox"/> No      Mildew <input type="checkbox"/> Yes <input type="checkbox"/> No</p>

### FAMILY HEALTH HISTORY

INCLUDING: ALLERGIES, ASTHMA, HEART DISEASE, HIGH BLOOD PRESSURE, CANCER, DIABETES, DEPRESSION (INCLUDING POST-PARTUM) OTHER MENTAL ILLNESS, DRUG ABUSE, ALCOHOLISM, KIDNEY DISEASE AND ANY OTHER RELEVANT HEALTH PROBLEMS.						
	AGE	SIGNIFICANT HEALTH PROBLEMS			AGE	SIGNIFICANT HEALTH PROBLEMS
FATHER				GRANDMOTHER (maternal)		
MOTHER				GRANDFATHER (maternal)		
SIBLINGS		<input type="checkbox"/> M		GRANDMOTHER (paternal)		
		<input type="checkbox"/> F		GRANDFATHER (paternal)		
		<input type="checkbox"/> M				
		<input type="checkbox"/> F				
<input type="checkbox"/> I don't know our family history						

THANK YOU FOR COMPLETING THE FORM!  
IT WILL HELP YOUR DOCTOR GAIN MORE INSIGHT ON YOUR CHILD'S ENTIRE CASE.

